

## Endorsement

*"I could not have asked for greater hospitality, inclusion as a team member, formation and support. This has been a deeply transforming experience that will bear much fruit in my personal life and ministry." —Fr. Bill Brennan*

**Ignatius Jesuit Centre** is a place of peace that welcomes a global community of people who seek to integrate their inner and outer life with God and with all Creation.

We promote right relationships with God, with each other and with Creation, especially through spiritual development in the tradition of the Spiritual Exercises of St. Ignatius of Loyola and through deep engagement with this land.

**Loyola House Retreat & Training Centre** is central to the Ignatius Jesuit Centre, located one km north of Guelph on over 600 acres of beautiful farmland, with walking trails through rolling hills, woods and wetlands—all of it an integral part in our retreats and programs.



**Directors:** Our team of experienced spiritual directors includes Jesuits, lay persons, religious, and priests.

### Pre-requisites:

- Successful participation in at least one individually directed 8-day retreat
- Fluency in written and spoken English
- Completion of each phase or appropriate equivalent prior to acceptance into the next phase.

### Application Process:

- Obtain an application package from the Registrar. **See contact information below.**
- Complete and return the entire application and a non-refundable application fee of \$100 CDN by **August 1**. **Note: If you reside outside Canada or the USA, we advise you to apply by May 1 and immediately begin process to obtain a visa.**



**Ignatius Jesuit Centre**  
*A Place of Peace*

### Loyola House

5420 Hwy 6 North

Guelph ON N1H 6J2 Canada

Registrar: 519-824-1250 ext 266

Fax: 519-767-0994

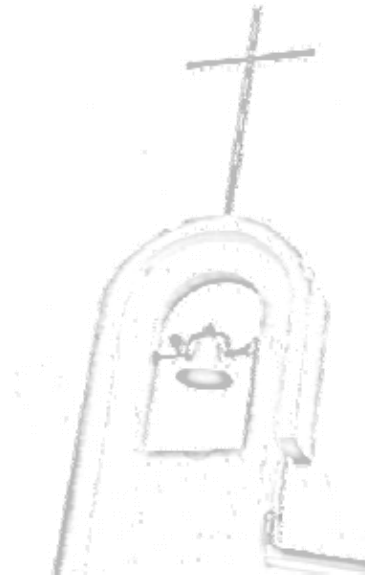
registration@ignatiusguelph.ca

loyolahouse.com

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# Ignatian Training Program in Spiritual Direction 2018-2019

Offered in three phases



**Loyola House**  
Ignatius Jesuit Centre  
[www.loyolahouse.com](http://www.loyolahouse.com)



# Ignatian Training Program in Spiritual Direction (offered in three phases) - Program Outline

## PHASE 1 (live-in)

Phase 1 has two components:

1. **40-day Spiritual Exercises Experience - October 1 - November 10 2018** - 30-day Spiritual Exercises of Ignatius, preceded by five Disposition Days of silent preached retreat, includes daily meeting with a spiritual director; followed by five Appropriation Days of reflection on the experience. For more information go to our website.
2. **Exploring the Heart of Ignatian Spiritual Direction - November 13 - December 7 2018** \* - Approximately four weeks of seminars; includes study of the Spiritual Exercises, Discernment of Spirits, the life and wisdom of Ignatius, training and practicing skills in listening as spiritual directors.

Phase 1 is an intensive educational experience, not a practicum in Spiritual Direction.

If one has previously made the Spiritual Exercises and does not feel called to do so again, one may apply only for the second component.

**Cost: \$7,700 CDN (both components 1 + 2)  
\$3,120 CDN (component 2 only)**

\* Seminars begin on November 13, 9am. Arrival needs to be no later than the prior day. There is no orientation the night before. All Phase 1 participants depart on the morning of December 7.

## PHASE 2

**January - May 2019 (to be individually designed) -**

This is a period of academic study in the Spiritual Exercises and Spiritual Direction. The specific content should be chosen to suit the needs of the participant, in consultation with our program staff.

We recommend the program in spirituality at Regis College, University of Toronto which is designed for Phase Two ([www.regiscollege.ca](http://www.regiscollege.ca)). These courses may be audited, if the college has availability, or taken for credit if you wish to enroll in a full degree program.

*Please note that the program at Regis College is run independently of our training program and requires a separate application to the college.*

Alternatively, one can take equivalent accredited courses elsewhere or on-line, or one may establish a course of independent study in consultation with our program staff.

### Cost:

Individuals are responsible for all costs incurred in Phase Two, such as tuition fees, accommodation and travel expenses.



## PHASE 3

**June 17-August 30 2019** - This 10-week practicum provides participants fundamental skills in ongoing spiritual direction and directing 3- to 8-day retreats.

There are four components:

- A personally directed 8-day retreat
- The Spiritual Directors' Workshop: an intensive 12-day training program in spiritual direction. Includes a spiritual direction practicum under supervision
- A seminar developing themes in Spiritual Direction for retreats and on-going direction
- The opportunity to direct on three 8-day retreats with daily supervision, dependent upon suitability and readiness of each participant, as determined by program staff

**Cost: \$8,250 CDN**

## ADVANCED TRAINING

**Loyola House** also offers opportunities to direct the full Spiritual Exercises of Ignatius under supervision, during the 40-day Spiritual Exercises Experience in October-November, if numbers permit. The cost is determined individually. For further information, contact the registrar.