

Annotated Bibliography for Ignatian Spirituality

- Aschenbrenner, George A., SJ, *Stretched for Greater Glory: What To Expect from The Spiritual Exercises*, Loyola Press, Chicago, 2004. Meant to be read “in a contemplative fashion and with an open heart,” this book allows someone to be drawn by the Holy Spirit into the actual making of the Spiritual Exercises of Ignatius Loyola, while providing some of the context needed for understanding the Exercises themselves.
- Caraman, Philip, *Ignatius Loyola*, Collins, London, 1990. A Jesuit historian, the author builds upon the groundwork of Dalmases and others, to give us a very readable, accurate, and complete picture of Ignatius in two hundred pages. The years before Ignatius’ conversion are dealt with in detail.
- DuBrul, Peter, S.J., *Ignatius: Sharing the Pilgrim Story. A Reading of the Autobiography of St Ignatius of Loyola*, Gracewing, Leominster, Herefordshire, and Inigo Enterprises, New Malden, Surrey, 2003. A careful and thoughtful analysis of Ignatius’ own story (included in this volume), it becomes in effect a spiritual exercise as we begin to understand better both Ignatius and the shy presence of Jesus hidden in his experience, and thus also in ours.
- Linn, Dennis, Sheila fabricant Lin, and Matthew Linn, *Sleeping with Bread: Holding what Gives you Life*, Paulist Press, Mahwah/New York, 1995. A beautifully illustrated adaptation of the awareness examen.
- Loyola, Saint Ignatius of, *Personal Writings*, Translated with introductions and notes by Joseph A. Munitiz, S.J., and Philip Endean, S.J., Penguin Books, London, New York, Toronto, 1996. This handy volume includes *Reminiscences (Autobiography)*, the *Spiritual Diary*, Select Letters (40 of them), and the *Spiritual Exercises*, together with a chronology of Loyola’s life, a glossary of Ignatian terms, and a brief bibliography, all in just over 400 pages.
- Melloni, Javier, S.J., *The Exercises of St Ignatius Loyola in The Western Tradition* (translated by Michael Ivens), Gracewing, Herefordshire, and Inigo Enterprises, Surrey, 2000. A landmark in Ignatian Spirituality. Melloni shows its connection to the living tradition of Western spirituality—Benedictine, Carthusian, Franciscan, and Dominican, as well as the *Devotio Moderna*—all of which Ignatius got in touch with at the Benedictine Abbey of Montserrat, during the year he spent at nearby Manresa.
- Rahner, Hugo, S.J., *The Spirituality of St. Ignatius Loyola: An Account of Its Historical Development*, The Newman Press, Westminster, Maryland, 1953. A brief study, full of insights into the surroundings that shaped Ignatius’ character, the foundations of his conversion, and his mystical transformation,

Silf, Margaret, ***Inner Compass: An Invitation to Ignatian Spirituality***, Loyola Press, Chicago, 1999. A book “...lucidly written, down to earth, free of jargon, and full of hope and encouragement...” that helps us “to find the will of god within our own hearts...” (Gerard Hughes, SJ).

Silf, Margaret, ***Just call me López, Getting to the Heart of Ignatius Loyola***, Loyola Press, Chicago, 2012. The story of a twenty-first century woman named Rachel, knocked off her bicycle and aided by a stranger, who just happens to be Íñigo López de Loyola; they strike up a friendship.

Tellechea Idígoras, José Ignacio, ***Ignatius of Loyola, the Pilgrim Saint***, Loyola University Press, Chicago, 1994. Cornelius Michael Buckley’s fine translation of *Ignacio de Loyola: solo y a pie* (1987). This is a long and loving look at Ignatius by a fellow Basque, an outstanding renaissance scholar.

Traub, George W., SJ, ***An Ignatian Spirituality Reader***, Loyola Press, Chicago, 2008. This is a collection of eighteen of the finest short essays on Ignatian spirituality and on Ignatius Loyola.