

Loyola House

Retreat & Training Centre

2019-2020



Guelph, Ontario Canada
loyolahouse.com



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5420 Highway 6 North
Guelph, Ontario, Canada N1H 6J2

Tel: 519 824 1250 Fax: 519 767 0994

Email: registration@ignatiusguelph.ca

loyolahouse.com
ignatiusguelph.ca

*Many of the photos we use have been gifted
to us by retreatants. Thank you!*

WHAT IS A RETREAT?

A retreat is a time to move from the busyness of ordinary life and to journey in solitude and silence in order to deepen your relationship with God, creation, others and oneself. There are a variety of retreat options offered at Loyola House. **If you are new to the retreat experience, we recommend that you choose a retreat which offers individual spiritual direction.**

What is a Directed Retreat?

A Directed Retreat provides you with individual direction in an environment of silence and prayer. A spiritual director meets with you each day, listens as you share your prayer experiences, helps you reflect on them and discover the path God is revealing to you. This facilitates a deepening of your relationship with God. These retreats are usually based on Sacred Scripture and there is opportunity for participation in a daily Eucharist. They can be one day in length or up to 40 days.

What is an Undirected Retreat?

An Undirected Retreat offers you personal silent time to spend in prayer or reflection in our peaceful setting. You may set your own personal agenda for this retreat. Daily Eucharist is available when retreats are in progress.

When can I make an Individual Directed or Undirected Retreat?

An Individual Directed or Undirected Retreat of a shorter duration can take place during any of our scheduled retreats. Acceptance is based on the availability of a spiritual director and/or room.

What is a Directed Prayer Weekend?

The Directed Prayer Weekend is a time for you to come and see for yourself and to meet God in a new and personal way. You will have the opportunity of meeting several times with a spiritual director who will accompany you on your prayer journey. As the director listens to you, they will respond and guide you according to your desires and needs. If you are new to the retreat experience, your director will

provide guidance to help you with your prayer and the atmosphere of silence. There may be other communal prayer times in addition to the daily Eucharist.

What is a Guided or Thematic Retreat?

A Guided or Thematic Retreat is one which helps you explore a particular theme based on Sacred Scripture, connecting with an aspect of life or a Liturgical Season. It includes daily celebration of the Eucharist, presentations on a topic and a short period of time for consultation with a spiritual director. Each day provides ample time for personal prayer and reflection. There may be other communal prayer times in addition to the daily Eucharist.

What is a Preached Retreat?

A Preached Retreat takes place within an atmosphere of silence. It usually includes daily presentations by the facilitator. These are based on Scripture and provide material for the prayer time which follows. Each day provides ample opportunity for personal prayer and reflection. There may be other communal prayer times in addition to the daily Eucharist. Usually there is no individual spiritual direction.

What is a Day of Quiet?

A Day of Quiet is taking time from your busy schedule to come for a day of quiet and rest. Spend prayer time in one of our peaceful chapels or reflect and contemplate while walking the land, the labyrinth, or the stations of the Cosmos. Perhaps stop to pray for world peace at our Peace Pole. You may decide to sit outside or in our lounge; either choice will provide beautiful vistas of the landscape and peaceful settings for reflection.

The Meaning of Silence

As you begin the silence of your retreat, you might be asking yourself what you are leaving behind and what you are beginning. The answer is quite simple. You are leaving behind the many noises that come from the world you live in, and you are beginning an inner journey in which God will take the lead and will open your eyes so that you can see your deepest truth. This type of journey will allow you to discover the treasure that you are. Read more on *The Meaning of Silence* at loyolahouse.com.

PROGRAMS

June 2019

14-16	The Little Prince Retreat	8
14-16	Finding Your Way Retreat	8
17-Aug 30	Summer Training & Practicum (A)	13
17-July 31	Summer Training (B).....	14
19-27	8-Day Directed Retreat.....	6
19-27	Baptism by the Spirit Retreat	8

July 2019

2-14	Spiritual Directors' Workshop	14
5-10	5-Day Directed Retreat.....	6
18-26	8-Day Directed Retreat.....	6

August 2019

1-9	8-Day Directed Retreat.....	6
11-19	8-Day Directed Retreat.....	6
11-19	Getting Back to the Garden Retreat.....	9
21-29	8-Day Directed Retreat.....	6

October 2019

1-Dec 6	Ignatian Training Program (Phase 1)	15
1-Nov 10	40-Day Spiritual Exercises.....	7
2-7	Ignatian Spirituality Retreat.....	9
8-Nov 3	Individual Directed Retreats.....	6

November 2019

29-Dec 1	Incarnating Advent Prayer Weekend.....	10
29-Dec 1	Directed Prayer Weekend.....	6

December 2019

6-8	Advent Taizé Weekend	10
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January 2020

10-Feb 16	30-Day Spiritual Exercises.....	7
11-15	Ignatian Spirituality Retreat.....	9
22-30	8-Day Directed Retreat.....	6

February 2020

2-10	8-Day Directed Retreat.....	6
21-23	Knowing the Heart of Jesus.....	10
21-23	Directed Prayer Weekend.....	6
21-23	Finding Your Way Retreat	8

March 2020

6-8	Directed Prayer Weekend.....	6
6-8	Chardin Weekend Retreat	10
8-13	Chardin 5-Day Retreat	11

2019-2020

8-13	5-Day Directed Retreat.....	6
20-22	Lenten Taizé Weekend.....	10
27-29	Les Misérables Weekend	11
27-29	A Retreat with Jonah.....	11

April 2020

4-12	Holy Week Retreat.....	12
9-12	Easter Triduum Retreat	12

May 2020

21-29	Blooming in a Greenhouse World	12
21-29	8-Day Directed Retreat.....	6

June 2020

5-7	The Little Prince Retreat	8
5-7	Finding Your Way Retreat.....	8
16-Aug 30	Summer Training & Practicum (A).....	13
16-July 30	Summer Training (B).....	14
18-26	8-Day Directed Retreat.....	6
18-26	Baptism by the Spirit Retreat	8

July 2020

2-14	Spiritual Directors' Workshop	14
5-10	5-Day Directed Retreat.....	6
18-26	8-Day Directed Retreat.....	6

August 2020

1-9	8-Day Directed Retreat.....	6
11-19	8-Day Directed Retreat.....	6
21-29	Getting Back to the Garden Retreat.....	9
21-29	8-Day Directed Retreat.....	6

October 2020

1-Dec 8	Ignatian Training Program (Phase 1)	15
1-Nov 10	40-Day Spiritual Exercises.....	7
2-7	Ignatian Spirituality Retreat.....	9
8-Nov 3	Individual Directed Retreats.....	6

November 2020

27-29	Incarnating Advent Prayer Weekend.....	10
27-29	Directed Prayer Weekend.....	6

December 2020

4-6	Advent Taizé Weekend	10
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What is a Retreat? - pages 2-3

SCHEDULED DIRECTED RETREATS

Register for all retreats online at loyolahouse.com click on “Application”. See pages 18-19 for descriptions of directed retreats.

Directed Prayer Weekends

Dates: November 29-December 1 2019
February 21-23 2020
March 6-8 2020
November 27-29 2020

Cost: \$260 Live-in; \$160 Commuting

5-Day Directed Retreat (5 nights, 4.5 days)

Date: July 5-10 2019
March 8-13 2020
July 5-10 2020

Cost: \$495

8-Day Directed Retreats (8 nights, 7.5 days)

2019: June 19-27
July 18-26
August 1-9
August 11-19
August 21-29

2020: January 22-30
February 2-10 (*half-price for new retreatants*)
May 21-29
June 18-26
July 18-26
August 1-9
August 11-19
August 21-29

Cost: \$792

Individual Directed/Undirected Retreats

Dates: Oct 8-Nov 3 2019 | Oct 8-Nov 3 2020

There is opportunity to come for a directed or undirected retreat of a shorter duration. Choose the dates during any of the directed retreats. Acceptance is based on availability.

Cost per night: \$99 Directed; \$86 Undirected

THE FULL SPIRITUAL EXERCISES EXPERIENCE

Since 1964, Loyola House has been offering a 40-day experience of prayer and daily guidance with a spiritual director as one journeys through the full Spiritual Exercises of St. Ignatius of Loyola. This experience is helpful for anyone seeking a deeper relationship with God. It is an inner “Camino” pilgrimage with Christ. It can be particularly beneficial for someone on sabbatical or making a decision of any kind. The program begins with a five-day introduction to prayer and themes pertinent to the Spiritual Exercises. It concludes with five days for personal reflection and appropriation of your retreat experience.

There is an application process.

Contact registration@ignatiusguelph.ca

519 824 1250 ext 266

1) Spiritual Exercises

Dates: **40-Day** - October 1-November 10 2019

40-Day - October 1-November 10 2020

Cost: \$4,200

Dates: **30-Day** - January 10-February 16 2020

Cost: \$3,395

2) Others Ways of Making the Spiritual Exercises

Depending on the availability of individual spiritual directors, it is also possible to make the Spiritual Exercises at Loyola House:

1. Over a number of shorter retreats spaced throughout one year
2. Receiving weekly direction while praying at home (Annotation 19 - Exercises in Daily Life) over several months
3. Through some combination of 1 & 2

Details would be determined in consultation with your spiritual director.

3) Ignatian Spirituality Retreat: A Practical Introduction

(formerly called Disposition Days) - See pg. 9

GUIDED, PREACHED OR THEMATIC RETREATS

Brochures are available. To view or download visit loyolahouse.com | registration@ignatiusguelph.ca
519 824 1250 ext 266

The Little Prince Retreat: A Weekend with a Childhood Friend

Facilitated by Greg Kennedy, SJ

Dates: June 14-16 2019 | June 5-7 2020

NEW! *The Little Prince*, Saint-Exupéry's tender balm, written for hearts chafed by disappointments, is the perfect companion for re-enchanting our adult world. A quiet spiritual master, the Little Prince will teach us to inhabit the deserts of our lives with more beauty, friendship and grace.

Cost: \$260 - live-in | \$160 - commuter

Finding Your Way: Weekend of Discernment

Facilitated by Paul Panaretos, SJ & Joe Waters

Dates: June 14-16 2019
February 21-23 2020 | June 5-7 2020

Are you wondering about your next step in life? Be part of this retreat designed for people who need time and support in decision making. In addition to personal prayer time, it includes: whole-group, small-group, & individual interactions; opportunities to speak with the facilitators about the discernment process. Limited to 18 participants.

Cost: \$260 - live-in | \$160 - commuter

Baptism by the Spirit: A Guided Retreat

Facilitated by Greg Kennedy, SJ

Dates: June 19-27 2019 | June 18-26 2020

This is a hybrid retreat, comprised of daily talks, communal prayer and optional individual direction sessions. Through analogy with our own physical, sacramental baptism, we will explore how a

spiritual baptism might operate in us, opening new depths of community and friendship with both the human and the divine, which coincide perfectly in the person of Jesus. Limited to 12 participants.

Cost: \$792

Getting Back to the Garden: Contemplative Work on the Land

Facilitated by Greg Kennedy, SJ

Dates: August 11-19 2019 | August 21-29 2020

This retreat will allow the retreatant in their totality - body, soul and will - to enter into contemplation through simple, humble tasks of growing food and restoring natural habitats. A spiritual director will accompany the retreatant through the thick & thin of life on the land. Limited to 6 participants.

Cost: \$792

Ignatian Spirituality Retreat: A Practical Introduction

Dates: 5-Day - October 2-7 2019
 - October 2-7 2020
 4-Day - January 11-15 2020

This retreat is a good opportunity for both the beginner and experienced director to gain heightened awareness of the fundamentals of an Ignatian Retreat or to prepare for Annotation 19 (retreat in daily life).

When you arrive, this retreat is in silence. On the afternoon of the second day, instructional and thematic talks, and prayer begin on God's presence in both our world and our deepest desires. You will be invited to attend these talks and have an individual director who will guide you in prayer as you continue on your unique journey with our loving God.

People are asked to arrive after 1:30pm on the first day with the first session at 3pm. Departure is after lunch on the last day.

Cost: \$495 - 5-Day (October dates)
 \$396 - 4-Day (January date)

Incarnating Advent Retreat Weekend

Facilitated by Greg Kennedy, SJ

Dates: Nov 29 - Dec 1 2019 | Nov 27-29 2020

(New name, formerly Advent Prayer Weekend).

In this retreat we'll experience Advent as the re-enactment of a long, charming courtship, wherein God and creation patiently grow closer until both finally assent to the sacred union called the Incarnation, which continues to reverberate in the mundane stuff of our daily lives.

Cost: \$260 - live-in | \$160 - commuter

Advent and Lenten Taizé

Facilitated by Bernie Carroll, SJ, & Dan Leckman, SJ

Dates: December 6-8 2019
March 20-22 2020 | December 4-6 2020

Following the Taizé monastic pattern of morning, noon and evening prayer. The Taizé weekend provides input and the opportunity of group sharing. There are times of silence.

Cost: \$260 - live-in | \$160 - commuter

Knowing the Heart of Jesus

Facilitated by Bill Clarke, SJ

Dates: February 21-23 2020

Treat yourself to a time of prayerful rest with the One who loves you and longs to share his heart with you, inviting you to, "*learn from me for I am gentle and humble of heart and you will find rest for your souls*" (Mt 11:29). This is a silent guided retreat. Your guide Fr. Bill Clarke, SJ will offer several gospel reflections to help you better know, and through personal prayer, enter more deeply into the heart of Jesus. Spiritual directors will be available to offer personal prayer guidance.

Cost: \$260 - live-in | \$160 - commuter

Chardin Weekend Retreat

Facilitated by Bernie Carroll, SJ & André Auger

Dates: March 6-8 2020

In the spirit of Teilhard de Chardin, this guided retreat will invite you into the new universe of the

Spiritual Exercises, comparing the universe, the cosmology and understanding of Ignatius with that of Teilhard and the principles that are the basis of his theology, spirituality of evolution & the relationship between the Holy Trinity and the Universe.

Cost: \$260 - live-in | \$160 - commuter

Chardin 5-Day Retreat

Facilitated by Bernie Carroll, SJ & André Auger

Dates: March 8-13 2020

In the spirit of Teilhard de Chardin, this guided retreat will invite you into the new universe of the Spiritual Exercises, looking at Jesus as a “second Adam,” an evolutionary step forward for humanity; and what it means to follow Jesus, not just admire him. It will offer a Teilhardian perspective on some traditional elements of the Ignatian Exercises.

Cost: \$495

Les Misérables: A Lenten Retreat

Facilitated by Dan Leckman, SJ

Dates: March 27-29 2020

This guided weekend retreat will use the movie/musical “Les Misérables” to help us explore the grace of God alongside our fallen state of brokenness and the opportunities we have for redemption. Limited to 18 participants.

Cost: \$260 - live-in | \$160 - commuter

A Retreat with Jonah: Three Days in the Whale

Facilitated by Greg Kennedy, SJ

Dates: March 27-29 2020

In this weekend retreat, through a prayerful, playful exploration of the book of Jonah, we’ll journey with its antihero as he flees himself, his God, and his own happiness.

Like Jonah, we’ll enter the belly of the beast of our own narcissism, hoping to exit wiser and more compassionate.

Cost: \$260 - live-in | \$160 - commuter

Holy Week Retreat

Dates: April 4-12 2020

This Holy Week retreat begins on the evening before Palm Sunday and ends on Easter Sunday with 9am Eucharist followed by 10am Brunch. Besides the Holy Week Services, it includes a Service of Reconciliation on Wednesday evening.

Cost: \$792

Easter Triduum Retreat

Dates: April 9-12 2020

This retreat begins at 7:30pm on Holy Thursday with the celebration of the Lord's Supper and the Washing of the Feet. It includes time for personal and communal prayer as well as the opportunity of attending Holy Week Services. It concludes on Easter Sunday morning with a 9am Eucharist followed by 10am Brunch.

Cost: \$297

Blooming in a Greenhouse World: Hope, Faith, and Climate Change

Facilitated by Bill Clarke SJ, Yvonne Prowse, & Greg Kennedy SJ

Dates: May 21-29 2020

NEW! Grief, anger, anxiety, despair...these are natural, often unconscious, responses to incessant bad news detailing the fearsome consequences of the human assault on creation. How do we live out our vocation of hopeful creativity, justice and celebration in a world stormy with climate change? Where do we draw the faith to trust in, and the strength to work towards a renewed creation? Through prayer on the land, liturgy, presentations, spiritual direction and group activities, this retreat will help our compassionate hearts bloom with hope in the awesome possibilities before us.

Cost: \$792

Day of Quiet

Come for your personal day of prayer, recollection and silence. You may choose to pray in the chapel, reflect and rest in our lounge, relax outside, walk

on one of our many trails, stop to reflect at the Peace Pole, experience the Labyrinth, or make the Stations of the Cosmos. Spiritual Direction is not included. Currently, *Days of Quiet* are offered during retreats only.

Cost: \$40 w/ lunch | \$30 w/o lunch

WALKING PILGRIMAGE

Dates: August 3-10 2019 | August 1-8 2020

The pilgrimage involves a walk from Ignatius Jesuit Centre in Guelph to Martyrs' Shrine in Midland, over a period of 8 days, walking 20 to 30 km each day. The pilgrims may participate in mass, prayer, input or a sacred circle activity. All meals are provided and sleeping arrangements are in tents.

For more information, please visit:
ignatiusguelph.ca (under Programs)

TRAINING PROGRAMS AND WORKSHOPS

There is an application process for these programs. For the application package please contact **registration@ignatiusguelph.ca** or **519 824 1250 ext 266**.

A prerequisite for all our training programs is to have made the Spiritual Exercises in daily life (Annotation 19) or in a closed setting (Annotation 20). Exception: Phase 1, see page 15.

Summer Training & Practicum in Spiritual Direction

A) Training & Practicum (an Internship)

Dates: June 17-August 30 2019
June 16-August 30 2020

This 10-week practicum provides participants with fundamental skills in ongoing spiritual direction and directing 3 to 8-day retreats. There are four components: a directed 8-day retreat, the Spiritual Directors' Workshop, a seminar developing themes in Spiritual Direction and associated areas, and the

opportunity to direct on three 8-day retreats with daily supervision, dependent upon suitability and readiness of each participant, as determined by the Loyola House spiritual directors. Fluency in written and spoken English is required.

Cost: \$8250

Application deadline is February 1

B) Training only

Dates: June 17-July 31 2019

June 16-July 31 2020

The 6 weeks of this program are designed to provide participants with fundamental skills in spiritual direction and retreat direction, as well as in-depth study of the Spiritual Exercises of St. Ignatius Loyola. Three components make up this program: an individual directed 8-day retreat, the Spiritual Directors' Workshop, and a seminar developing themes in Spiritual Direction and associated areas.

Cost: \$4995

Application deadline is May 1

Spiritual Directors' Workshop

Facilitated by the Loyola House Spiritual Directors' Team

Dates: July 2-14 2019

July 2-14 2020

This workshop, based on the dynamics of the Spiritual Exercises of St. Ignatius, provides an experience of the principles of discernment and the practice of decision making as found in the Exercises. It is meant for those who are interested in learning how to direct others or to refine and refresh their directing skills including experience in directing and being directed.

Cost: \$1,740

Application deadline is May 20

All fees are in Canadian dollars

Exploring the Heart of Ignatian Spiritual Direction

Dates: November 13-December 6 2019
November 12-December 8 2020

An intensive educational program in the art of spiritual direction: approximately four weeks of seminars; includes study of the Spiritual Exercises, Discernment of Spirits, the life and wisdom of Ignatius, training and practising skills in listening as spiritual directors.

Cost: \$3,120

Ignatian 3-Phase Training Program in Spiritual Direction and Retreat Ministry

Our major training program in the art of spiritual direction. Each phase is an entity in itself. Candidates apply for each phase separately upon successful completion of the previous phase.

Fluency in English is essential in order to provide spiritual direction.

There is an application process for each phase. Contact registration@ignatiusguelph.ca or 519 824 1250 ext 266.

Phase 1

Dates: October 1-December 6 2019
October 1-December 8 2020

Phase 1 has two components:

1. ***40-Day Spiritual Exercises Experience*** - Oct 1 - Nov 10 2019 - 30-day Spiritual Exercises of Ignatius, preceded by five Disposition Days of silent preached retreat, includes daily meeting with a spiritual director; followed by five Appropriation Days of reflection on the experience. For more information go to our website.
2. ***Exploring the Heart of Ignatian Spiritual Direction*** - Nov 13 - Dec 6 2019* - Approximately four weeks of seminars; includes study of the Spiritual Exercises, Discernment of Spirits, the life and wisdom of

Ignatius, training and practicing skills in listening as spiritual directors.

Phase 1 is an intensive educational experience and not a practicum in Spiritual Direction.

** If you have previously made the Spiritual Exercises and do not feel called to do so again, you may apply for the second component only.*

Cost: \$7,700 (both components 1 + 2)
\$3,120 (component 2 only)

Application deadlines:

May 1 (International applicants)

August 1 (Canada and USA applicants)

Phase 2 - off-site

Dates: January-May 2020

This is a period of academic study in the Spiritual Exercises and Spiritual Direction. The specific content should be chosen to suit the needs of the participant, in consultation with our Loyola House program staff.

Ideally, the participant would take courses at an accredited graduate program of their choice, again, in consultation with our staff. (Courses may be audited to reduce financial cost.) If this is not possible, independent study may be arranged.

Individuals are responsible for all costs incurred in Phase 2, such as tuition fees, accommodation and travel expenses. Please see program brochure.

Phase 3

Dates: June 17-August 30 2019
June 16-August 30 2020

Refer to **Summer Training & Practicum (A)** on page 13 for information on this program.

Cost: \$8,250

Application deadline is February 1

Supervision for Spiritual Directors

We provide opportunities for ongoing supervision for those in the ministry of spiritual direction. For information please contact registration@ignatiusguelph.ca or 519 824 1250 ext 266.

THE SPIRITUAL DIRECTORS

Bernie Carroll, SJ entered the Jesuits in 1959. One of his passions is God's Project, via Christ: to bring all creation - the entire evolving universe including all of us back to God, fully conscious of our divine origin and divine destiny.

Bill Clarke, SJ came here in 1980 as director of the Ignatius Farm Community where he developed personal friendships with the vulnerable people welcomed, as well as with the trees and the land itself. Since 2001 he has felt honoured to accompany people through retreats and ongoing direction.

Eric Jensen, SJ entered the Jesuits in 1958. He has enjoyed painting in oil with a painting knife, but most of his spare time is taken up with writing on Ignatian spirituality and celebrating the sacrament of Reconciliation as a sacrament of healing.

Greg Kennedy, SJ is a Jesuit priest and would-be poet, organic farmer, and musician, who believes that, as children of the Creator God, we are called to be lovingly creative in body, mind and spirit.

Dan Leckman, SJ is not a musician, but has a deep love for music and is always eager to add harmonies during sing alongs. In his Jesuit life, he loves to tell people that he's an Urban mystic, eager to encounter God in pop culture and in the City.

Paul Panaretos, SJ received an opportunity to learn more about the history and practice of Ignatian spirituality after experiencing the Spiritual Exercises of St. Ignatius of Loyola. It filled him with a desire to share Ignatian spirituality with others.

Yvonne Prowse, MA has a special passion for nature and brings the Spiritual Exercises into conversation with ecology. She loves feminine spirituality and indigenous traditions. Spare time often finds her in hiking boots or on skis enjoying the great outdoors.

Roger Yaworski, SJ is the Executive Director of Ignatius Jesuit Centre. He is passionate about Ignatian spirituality and, in his spare time, is involved with the Walking Pilgrimage and the Contemplative Art Retreat.

More information see website at loyolahouse.com

LOYOLA HOUSE

RETREATS & IGNATIAN TRAINING

Since 1964, Loyola House has welcomed people of all faiths to deepen their spirituality through retreats and spiritual training. Our Retreat House is well-known for Ignatian retreats and training programs for spiritual directors. The Spiritual Exercises by Ignatius of Loyola, is the foundation of Ignatian Spirituality.

Loyola House has earned an international reputation for its work in Ignatian Spirituality and the adaptation of the Exercises to address themes including community, ecology and promoting greater awareness and healing action for the Earth.

The retreat house is also used as the venue for external retreats and as an outstanding location for business conferences, meetings and special events.

The land at the Ignatius Jesuit Centre is diverse, supporting several ecosystems and micro climates, and a range of animal and plant species. The landscape inspires a spiritual experience of God in Creation that facilitates prayer, meditation, education, and recreation.

Walk the land:

- Trails
- Labyrinths
- Stations of the Cosmos
- Peace Pole
- St. Francis of Assisi Chapel

There are two hermitages, simple abodes in secluded areas of the land.

*The real journey in life is interior.
It is a matter of growth, deepening,
and an ever greater surrender to the
creative love and grace in our hearts.*

- Thomas Merton

Testimonials - Retreatants

“I found peace in knowing that I’m allowed to spend time in my decision-making. I don’t have to get it over with. I can embrace the time with God and prepare to be amazed.”

“I left my weekend retreat with an appreciation for silence. Let God tell me who I am, not anyone else.”

40-Day Spiritual Exercises

“Loyola House became home and the surrounding lands with its many paths, so incredibly healing. These were sacred places where God never failed to meet me.”

“I really enjoyed the program. The directors were great. I walked away feeling nourished, healed & ready to begin the journey back home.”

“The environment for me was very prayerful. The quiet throughout these days enabled me to enter into retreat easily.”



SPIRITUAL DIRECTION AND CONFIDENTIALITY

The Ignatius Jesuit Centre's spiritual directors are ethically bound to protect confidentiality in spiritual direction. The spiritual director's first obligation is always to the directees, assisting them in their search for a closer relationship with God.

All forms of communication between a spiritual director and their directee will be held in confidence within the limits of the laws in Canada.

Confidentiality does not include disclosure of abuse of a minor. Where there are reasonable grounds to suspect that a minor is in need of protection, every member of the public, including spiritual directors, is obligated to report it to the legal authorities. A minor is anyone who is, or appears to be, under the age of 18 in the Province of Ontario.

There is no statute of limitations in Canada in reporting the abuse of a minor.

If a directee discloses anything involving any real or present physical danger to themselves or others their spiritual director will intervene, including contacting the appropriate emergency support services.

In accordance with the law of the Catholic Church, everything a penitent tells a priest in the context of celebrating the Sacrament of Reconciliation (i.e., Confession) is held in total and perpetual confidence. The seal of confession is absolutely inviolable for any reason.

Spiritual direction is not intended to replace counselling, therapy or medical advice or treatment.

March 2019

APPLICATION INFORMATION

Brochures are available at loyolahouse.com or contact registration@ignatiusguelph.ca or call 519 824 1250 ext 266.

Retreats and Programs

It is our intention to ensure the financial sustainability of the retreats and programs we provide at the Ignatius Jesuit Centre. Cancellations represent an expense to the Centre and a lost opportunity for others to participate in the retreats and programs.

Payment

Payment in full must be received in order to secure your booking.

Cancellations & Refunds are managed on an individual basis.

Fees

The costs of all programs are in Canadian funds. Payment may be made by cash, cheque, money order, VISA, MasterCard, online or bank draft in Canadian funds payable to the Ignatius Jesuit Centre. We are unable to accept e-transfers.

The fees for all retreats include accommodations and meals, sessions with a spiritual director, daily liturgy, all required materials, and access to the land. Please note that commuter fees do not include breakfast or access to a bedroom.

Checking In

Unless otherwise noted in the schedule, retreats and programs begin at 7:30pm on the first day and end at 1pm on the last day. You may arrive between 4pm and 7pm (supper is not provided on opening night).



HOW TO FIND US

From Toronto – Hwy 401, take Exit 299 (Brock Road 46) to Guelph. Travel north, straight route through town to the Woodlawn/Woolwich intersection. (Please note that Brock Road, although a straight route, changes to Gordon St., then to Norfolk St., and then to Woolwich St.). Continue travelling for approximately 1 km north of the intersection.

From London/Detroit – Hwy 401, take exit 295 (Hwy 6 N) to Guelph and travel on the Hanlon expressway to the end. Turn right on Woodlawn, then left at Woolwich. Continue travelling for approximately 1 km north of the intersection.

From Niagara Falls/Hamilton – Drive north on Q.E.W., then take Hwy 403 W, and follow north on Hwy 6 to Guelph. Continue north, past the 401 and follow Brock Rd into Guelph. (See the directions for Toronto).

Entrance Roadway and Location – Our Entrance is located on Hwy 6 N approximately 1 km north of the Woodlawn/Woolwich intersection, on the left, just past Marymount Cemetery. Look for the Ignatius Jesuit Centre/Loyola House/Ignatius Farm sign, (#5420). Upon entering, follow the blue signs to the far end of the driveway to Loyola House. Parking is available in the Guest Parking Lot as indicated by parking signs. **Parking is free.**

Transportation - If you are arriving by bus or train, there are taxis at both depots; approximate cost of the taxi is \$20. Your destination is the front door of Loyola House, located at the far end of the driveway. If you are arriving by plane, contact “Red Car Service” redcarservice.com.

See map with directions to Ignatius Jesuit Centre on the back cover. **Please use Google Maps for online directions; note that Hwy 6 N is referred to “Ontario 6”. Mapquest & Bing maps do not clearly indicate where we are located.**

GPS Coordinates: 43.571059, -80.280553

Dear Friends,

Your donations are assisting us to revitalize Loyola House where we provide a welcoming space for communal discernment, education, and interfaith connection.

You have made it possible to retrofit Loyola House for energy efficiency - an upgrade which benefits our retreatants and over 30 community organizations who meet here. This year we are installing a more energy-efficient heating-cooling system.

You are also sustaining the community-engagement phase of our Old-Growth Forest Project.

Ignatius Old-Growth Forest and Ignatius Farm are integral to our mission to restore personal intimacy and intensity in our experience of creation. Both initiatives inspire retreatants to explore the ecological implications of their friendship with God.

To donate at anytime,
visit our website, ignatiusguelph.ca
“Make a Donation”

Phone 519 824 1250 ext 257 or email
development@ignatiusguelph.ca

I know that your generosity will change lives, influence values, foster hope and nurture faith. I thank you now — for you, your financial support and for all the gifts you bring to the Ignatius Jesuit Centre!

We continue to remember our benefactors in our prayers.

Blessings,



Fr. Roger Yaworski, SJ
Executive Director



Consider a **LEGACY** Gift

Planned giving allows for careful consideration and comes from assets, not income. A planned gift can reflect your personal values and goals; and can potentially yield tax savings.

The Ignatius Jesuit Centre celebrates over a century of community work promoting education, spiritual contemplation and renewal. The Centre is actively planning to sustain this work for another century.

Giving options include:

- Gift of securities or mutual funds
- Bequest in your will
- Designation of a life insurance policy to the Centre

To learn more please contact:

development@ignatiusguelph.ca

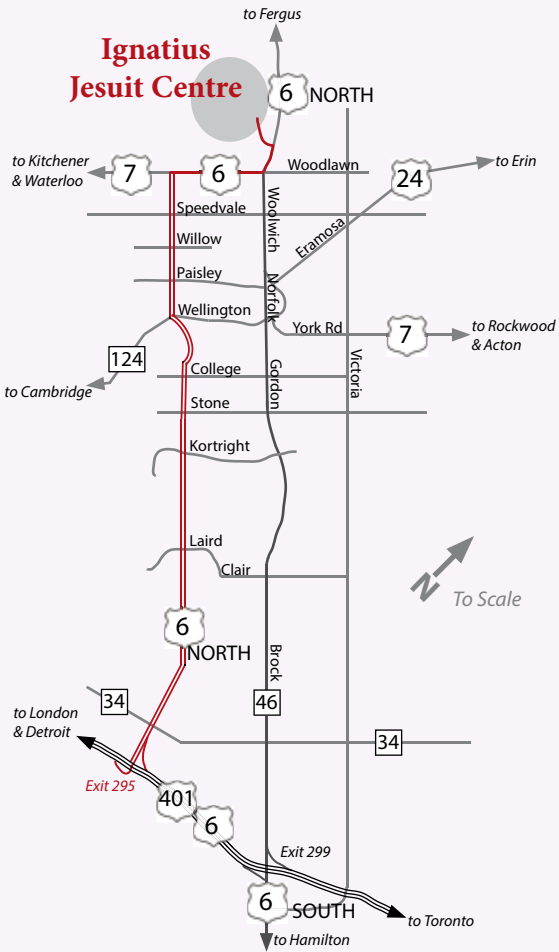
or call **519 824 1250 ext 257**

in the strictest confidence

Registered charity 11896 6373 RR0001

Legal Name: Ignatius Jesuit Centre

ignatiusguelph.ca



Ignatius Jesuit Centre
A Place of Peace

Loyola House
5420 Highway 6 North
Guelph, Ontario, Canada N1H 6J2

P 519 824 1250 ext 266
registration@ignatiusguelph.ca

ignatiusguelph.ca
loyolahouse.com

Free Parking