

**Ignatius Jesuit Centre** is a place of peace that values all of creation, compassion, unity in diversity, ecological sustainability, interfaith connections, social justice, and the spiritual journey.

We are dedicated to providing programs that:

- Foster an ecological way of life, for the healing of the world
- Nurture a deeper spirituality in people, leading to inner freedom
- Promote the production of local sustainable food
- Provide a welcoming space for individual and communal discernment, and education

**Loyola House** – *Retreats & Ignatian Training* - central to the Ignatius Jesuit Centre, is located on the Centre's 640 acres just one km north of Guelph. Explore this beautiful land with its walking trails, forest and woods, and wetlands—all an integral part in our retreats and programs.



**Ignatius Jesuit Centre**  
*A Place of Peace*

**Loyola House**

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# Finding Your Way:

## A Weekend of Discernment

February 21-23 2020

June 5-7 2020

*Facilitated by Paul Panaretos, SJ & Joe Waters*



## Loyola House

Ignatius Jesuit Centre  
[loyolahouse.com](http://loyolahouse.com)

## Finding Your Way: Weekend of Discernment

*"I learned the importance of articulating my desires and considering them. My desires are God's way of telling me who I am. I also learned to always to be listening, patient, and prayerful...thinking about the different ways God might be speaking to me." –2018*

*"Loved sharing with my group; listening and thinking and reflecting and gently caring for each other." –2019*

*"I did not expect the emphasis on feelings and connecting feelings with discernment. I'm mostly a thinking person, usually dealing with quantitative data at work. So the concept of feelings are data for discernment leaves me with a lot to reflect." –2019*

God constantly creates and imparts God's Spirit to us. *Ignatian discernment* names a process by which one makes choices to live in the light of God's Spirit. In the process of Ignatian discernment God is a partner in a person's or a group's choice. Divine desires for creation are revealed in Jesus, the Word of God, in Christian tradition and in the life of each person. This last self-communication of God is felt as one's abiding desires.

This *Weekend of Discernment* introduces this process step by step. Participants have time for personal prayer in the silence of Loyola House. They also learn the process through whole-group, small-group, & individual interactions; as well as opportunities to speak with the facilitators about the discernment process. Minimum 12 & maximum 18 people.

**February 21-23 2020**

**June 5-7 2020**

**Cost: \$260 Live-in | \$160 Commuter**



Paul Panaretos is a Jesuit Spiritual Director on the Staff of Loyola Retreat House. Joe Waters is one of its regular Guest Spiritual Directors. Together they redesigned *Finding Your Way* with these outcomes:

- To notice God's life in you experienced as your deep desires
- To grow more discerning in all your choosing, especially, important choices
- To welcome God to decide with you: to align your desires with God's desires for you.

**To apply** for this program, complete the online application form at [loyolahouse.com](http://loyolahouse.com) under Application. A downloadable form may also be completed, from the application webpage.

### Retreats and Programs

It is our intention to ensure the financial sustainability of the retreats and programs we provide at the Ignatius Jesuit Centre. Cancellations represent an expense to the Centre and a lost opportunity for others to participate in the retreats and programs.

### Payment

Payment in full must be received in order to secure your booking. Cancellations & Refunds are managed on an individual basis.

### Fees

The costs of all programs are in Canadian funds. Payment may be made by cash, cheque, money order, VISA, MasterCard, online or bank draft in Canadian funds payable to the Ignatius Jesuit Centre. We are unable to accept e-transfers.

The fees for all retreats include accommodations and meals, sessions with a spiritual director, daily liturgy, all required materials, and access to the land. Please note that commuter fees do not include breakfast or access to a bedroom.

### Checking In

Unless otherwise noted in the schedule, retreats and programs begin at 7:30pm on the first day and end at 1pm on the last day. You may arrive between 4-7pm (supper is not provided on opening night).