

**Ignatius Jesuit Centre** is a place of peace that values all of creation, compassion, unity in diversity, ecological sustainability, interfaith connections, social justice, and the spiritual journey.

We are dedicated to providing programs that:

- Foster an ecological way of life, for the healing of the world
- Nurture a deeper spirituality in people, leading to inner freedom
- Promote the production of local sustainable food
- Provide a welcoming space for individual and communal discernment, and education

**Loyola House** – *Retreats & Ignatian Training* - central to the Ignatius Jesuit Centre, is located on the Centre's 640 acres just one km north of Guelph. Explore this beautiful land with its walking trails, forest and woods, and wetlands—all an integral part in our retreats and programs.



**Directors:** Our team of experienced spiritual directors includes Jesuits, lay persons, religious, and priests.

**Pre-requisites:**

- Successful participation in at least one individually directed 8-day retreat
- Fluency in written and spoken English
- Completion of each phase or appropriate equivalent prior to acceptance into the next phase.

**Application Process:**

- Obtain an application package from the Registrar. **See contact information below.**
- Complete and return the entire application and a non-refundable application fee of \$100 CDN by **August 1**. **Note: If you reside outside Canada or the USA, we advise you to apply by May 1 and immediately begin process to obtain a visa.**



**Ignatius Jesuit Centre**  
*A Place of Peace*

**Loyola House**

5420 Hwy 6 North

Guelph ON N1H 6J2 Canada

**Registrar: 519-824-1250 ext 266**

**Fax: 519-767-0994**

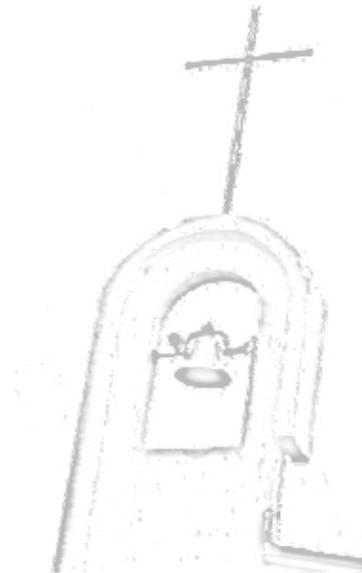
**registration@ignatiusguelph.ca**

**loyolahouse.com**

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# Ignatian Training Program in Spiritual Direction 2019-2020

Offered in three phases



**Loyola House**  
Ignatius Jesuit Centre  
[www.loyolahouse.com](http://www.loyolahouse.com)



# Ignatian Training Program in Spiritual Direction (offered in three phases) - Program Outline

## PHASE 1

Phase 1 has two components:

1. **40-day Spiritual Exercises Experience - October 1 - November 10 2019** - 30-day Spiritual Exercises of Ignatius, preceded by five Disposition Days of silent preached retreat, includes daily meeting with a spiritual director; followed by five Appropriation Days of reflection on the experience. For more information go to our website.
2. **Exploring the Heart of Ignatian Spiritual Direction - November 13 - December 6 2019** \* - Approximately four weeks of seminars. Includes study of the Spiritual Exercises, Discernment of Spirits, the life and wisdom of Ignatius, training and practicing skills in listening as spiritual directors.

Phase 1 is an intensive educational experience, not a practicum in Spiritual Direction.

If one has previously made the Spiritual Exercises and does not feel called to do so again, one may apply only for the second component.

**Cost: \$7,700 CDN (both components 1 + 2)  
\$3,120 CDN (component 2 only)**

\* Seminars begin on November 13, 9am. Arrival needs to be no later than the prior day. There is no orientation the night before. All Phase 1 participants depart on the morning of December 7.

## PHASE 2— off-site

**January - May 2020** (to be individually designed) -

This is a period of academic study in the Spiritual Exercises and Spiritual Direction. The specific content should be chosen to suit the needs of the participant, in consultation with our Loyola House program staff.

Ideally, the participant would take courses at an accredited graduate program of their choice, again, in consultation with our staff. (Courses may be audited to reduce financial cost.) If this is not possible, independent study may be arranged.

*Individuals are responsible for all costs incurred in Phase 2, such as tuition fees, accommodation and travel expenses.*

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*"Many thanks. I could not have asked for greater hospitality, inclusion as a team member, formation and support. This has been a deeply transforming experience that will bear much fruit in my personal life and ministry."  
- Fr. Bill Brennan*



## PHASE 3—Summer Training & Practicum in Spiritual Direction

**June 16-August 30 2020** - This 11-week practicum provides participants fundamental skills and practice in ongoing spiritual direction and directing 3- to 8-day retreats.

There are four components:

- A personally directed 8-day retreat
- Spiritual Directors' Workshop: an intensive 12-day training program in spiritual direction. Includes a spiritual direction practicum under supervision
- A seminar developing themes in Spiritual Direction for retreats and on-going direction
- The opportunity to direct on three 8-day retreats with daily supervision, dependent upon suitability and readiness of each participant, as determined by program staff

**Cost: \$8,250 CDN**  
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## ADVANCED TRAINING

**Loyola House** also offers opportunities to direct the full Spiritual Exercises of Ignatius under supervision, during the 40-day Spiritual Exercises Experience in October-November, if numbers permit. The cost is determined individually. For further information, contact the registrar.