



# WELCOME TO IGNATIUS FARM

## COMMUNITY SHARED AGRICULTURE (2022)

**Ignatius Farm** - Ignatius Farm is a certified organic community training farm committed to addressing the ecological and agricultural challenges of our times. The vegetable fields supply produce to farmers markets, restaurants and health food stores, service agencies and the Farm's key supporters - CSA members.

### About Ignatius Farm CSA

Established in 2001, Ignatius Farm provides Small and Regular CSA shares to over 250 households in Guelph and the surrounding area. A prepackaged option is available, where your share is packed by the farm staff for a fee. Neighbourhood CSA host sites around Guelph offer pick up location for pre-packed shares. In a lean growing season, CSA members are prioritized since they have prepaid for their portion of the harvest. Regular CSA shares (typically feed two vegetarians or a family of four) average \$49 in weekly value. Small CSA shares (a bit over half of a regular share) average \$31 of organic produce in weekly value. An extra week's worth of harvest is included in the Late Summer Share.

Here is the **certified organic** produce expected throughout the season

Early Summer	Strawberries, spinach, salad greens, radishes, peas, broccoli, garlic scapes...
Mid-Summer	Tomatoes, peppers, eggplants, beans, beets, carrots, cucumbers ...
Late Summer	Tomatoes, potatoes, garlic, broccoli, onions, beets, carrots, parsnips, leeks, spinach ...
Fall (bi-weekly)	Pumpkin, broccoli, beets, potatoes, garlic, onions, carrots, leeks, winter squash ...



The core farm team is: Donald Bowyer (Assistant Farm Manager), Jennica Grimshaw, (Field Coordinator), Pamela Costanzo (Outreach Administrator), Lisa Conroy (Farm Educator) and Heather Lekx (Farm Manager). Each year the farmers are assisted by countless volunteers, Workshares, several energetic interns learning about organic farming and seasonal staff as funding permits.

### How do I get my food?

#### ON FARM PICKUPS (Just North of Guelph- 5420 Highway 6 North)

- On your pick-up day, come to the Farm Workshop. Bring bags and pack your crop share
- Items are allotted by volume or weight e.g. 2 pounds of carrots, 1 head lettuce. Occasionally options are offered (beets vs carrots)
- Take advantage of member only u-pick areas and enjoy the trails at the Ignatius Jesuit Centre

#### NEIGHBOURHOOD CSA PICKUPS IN GUELPH (options below)

- We pack your share in a closed crate and you come to your designated site within the pick-up time
- Put your vegetables into your own bags and leave the crate

## When do I get my food?

When registering for your CSA share, you choose your location & time for picking up your weekly share.

LOCATION	SUMMER SHARE PICK-UP TIME	FALL SHARE PICK-UP TIME
Ignatius Farm	Tuesdays 3:30-6:30 pm <i>or</i> Fridays 3:30- 6 pm	Tuesdays 2:30-6 pm <i>or</i> Fridays 2:30- 5:30 pm
Junction Village neighbourhood home	Tuesdays 4:15-6:15 pm	Not available
St George's Park neighbourhood home	Tuesdays 4:30-6:00 pm	Not available
Cavan Coffee South Guelph on Gordon	Fridays 3:30-5 pm	Fridays 3:30-5 pm
Planet Bean - Grange Road	Fridays 3-6 pm	Fridays 3-6 pm

## Can I change my on-farm pickup day?

Yes, you may change your pickup day **once** during the season.

- Call the farm line or email [farmregistration@ignatiusguelph.ca](mailto:farmregistration@ignatiusguelph.ca)
- Change request deadline for each week is **Monday at 12 noon**.
- If you are away on vacation, you can have a friend or relative pick up your share; this allows you to share your farm experience with others!

All shares that are not picked up are donated to a local service organization and will no longer be available for pickup.

## U-Pick Items!

- A complimentary cut flower area is on offer as part of the CSA membership starting in late July
- Some crops, such as peas, beans, hot peppers and tomatoes may be available for complimentary you-pick if it is a bountiful year.
- Strawberry you-pick is available for charge.
- There will be emails and signage at the pickup when you-pick options are available.

## Can I buy extra vegetables?

Sometimes we have extra vegetables available for sale. For information contact farm sales at: (519) 824-1250 at ext. 275 or [farmsales@ignatiusguelph.ca](mailto:farmsales@ignatiusguelph.ca)

## Want to get more involved in your Neighbourhood Farm?

Get in touch and let us know your interests!

Get the latest in newsletters, Facebook, Instagram and website.

For 2022, farm events include:

Seedling Sale & Community Garden Orientation- May, long weekend Saturday

Summer Solstice Field Day - Saturday June 25

Monthly Community Field Days

"Stone Soup" harvest celebration- October, 1<sup>st</sup> Saturday

### How to reach the Farm

Phone number: (519) 824-1250 ext. 245

Email: [farmregistration@ignatiusguelph.ca](mailto:farmregistration@ignatiusguelph.ca)

Website: [ignatiusguelph.ca/ignatius-farm/](http://ignatiusguelph.ca/ignatius-farm/)

## Field Volunteers and Workshares

If you are more of a "hands-on" type, we welcome help with field work. We typically take volunteers from May through October on Tuesday, Thursday, and Friday from 9am-12:30, and also Thursday 2-5:30pm.

Workshares volunteers receive a share of the harvest. New in 2022: Stay tuned for Saturday monthly field days! For more information, email [farmoutreach@ignatiusguelph.ca](mailto:farmoutreach@ignatiusguelph.ca)

*We look forward to meeting you and hope that you enjoy being a member of the CSA!*