20th Walking Pilgrimage Guelph Group Registration Form Aug 5 - Aug 12, 2023

Name	Age
Street Address	City/Town
Province / State	Postal / Zip Code
Email Address	
Phone #	Alternate Phone #
Emergency Contact (full name)	Relationship
Emergency Contact phone #	Alternate Phone #
Allergies	
Current Medications	
Special Dietary Needs	

FEE & DAYS PARTICIPATING: ☐ All 8 Days $400 (Youth: $125—under 18 need Guardian on Pilgrimage***)

Registration deadline:
June 30
Space is limited

☐ Only Specific Dates $75 per person per day ($150 max per family per day)

Please specify the dates you will be walking: _____

☐ Student Long Weekend Rate: $150 Saturday - Monday

***Minimum Age**: Children who do not require strollers or car seats

☐ **20TH ANNIVERSARY T-SHIRT:** unisex size/qty: ☐S ☐M ☐L ☐XL ☐XXL **x $20 @ = $**_____

Payment due with Registration. Shirt(s) will be delivered when you arrive at the Pilgrimage

☐ **PAYMENT BY CHEQUE:** make cheque payable to: **Guelph Walking Pilgrimage**

Send cheques & registration form (both sides) to: **Registrar, Ignatius Jesuit Centre, 5420 Hwy 6 N, Guelph ON N1H 6J2**

☐ **PAYMENT BY E-TRANSFER** to **guelphpilgrimage.fees@gmail.com**

Include **your full name in the message/comment section** of your e-transfer

Email registration form (both sides) to: guelphwalkingpilgrimage@gmail.com

IMPORTANT – PLEASE READ: Waiver of Liability

I/My child wish to participate in the Walking Pilgrimage from Ignatius Center of Guelph to the Martyrs' Shrine in Midland, Ontario listed on the dates above and organized by the Walking Pilgrimage Guelph Group ("WPGG"). Risk of injury exists in any activity; however, accidents may occur while participating which are not the fault of WPGG, its staff or authorized volunteers. The safety and well-being of Participants is a prime concern and attempts are made to manage the foreseeable inherent risks as effectively as possible. Participants must assume the inherent risks (i.e. blisters, road rash, insect bites, sun stroke, dehydration etc.) and liability should an accident/incident occur.

In the event of injury, I give permission for myself/my child to be evaluated, diagnosed, treated and/or given medication in accordance with standard medical practice by a licensed medical personnel. In the event of a minor child, I understand that attempts to contact me will be made, if necessary. I relieve WPGG, its staff and authorized volunteers, of all responsibility and consequences that may arise as a result of treatment for myself/my child. WPGG does not provide medical insurance for Participants. Participants (or parents for minors) are responsible for their own medical costs.

By signing below, I agree that my/my child's photograph and/or video recording may be taken and used by WPGG, its staff or authorized volunteers, for promotional purposes. This might include posting on a website, social media, fundraising purposes, et cetera. Note that photography and/or video recording is permitted for all Participants on the Walking Pilgrimage and the WPGG has no control over the use of such recordings. However, Participants are kindly reminded to be respectful of the privacy rights of others.

I/my child agree to abide by the rules and regulations of the WPGG, its staff and authorized volunteers. No alcohol, illegal drugs or weapons may be brought on the Walking Pilgrimage. If a Participant fails to comply with the rules and regulations, at the sole discretion of WPGG, immediate dismissal may result at the Participant's expense.

By signing this waiver, it indicates that I accept the terms as outlined above.

Participant Signature	Date (m/d/y) ____/____/_____

If participant is under 18, Parent/Guardian approval and contact info must be provided.

Signature of Parent	Print Parent's Name
Address	

Phone	Email	Date(m/d/y) ____/____/_____

Need more information email: guelphwalkingpilgrimage@gmail.com

PLEASE review and SIGN the RULES and REGULATIONS found on page 2 of this registration form

RULES & REGULATION for Walking Safely to Midland Please read these instructions carefully and sign

A few simple rules will make your pilgrimage more enjoyable for you and those who take your safety seriously. Travelling on roads and crossing roads can be very dangerous. We have developed a procedure to cross roads that minimizes the amount of time spent on high traffic roadways. We cross even lesser travelled roads in the same way we would cross a busy four-lane highway, so we are well-practiced for all road crossings. Support vehicles assist pilgrims, who need to rest, cannot climb the hill, or wish to return to camp to assist with other necessary activities for a successful pilgrimage. We are exposed to the dangers of inclement weather. Normally we walk through rain. In the event of severe weather, we will make our best effort to evacuate the group from the area of danger using support vehicles and trucks. Daily weather updates are provided at the start of each day so you can be prepared.

Safety Detail

- ❖ The persons in the high-visibility safety vests are pilgrims like you who have volunteered to serve as part of the safety detail. Please help them enjoy their pilgrimage by paying attention to them.
- ❖ 3 persons in safety vests make up the safety detail: one at the lead - the Rabbit (usually 50 to 75 yards ahead of the cross-bearer) one in the middle of the column - the Monkey, and one at the rear of the column - the Turtle.
- ❖ A volunteer heads up the safety detail, providing clarification and instruction when necessary to all other safety detail.
- ❖ Pilgrims will be asked to volunteer and be part of the safety detail.

Order of procession

1. **Lead safety detail** referred to as the **"Rabbit"**: walks ~2 hydro pole lengths ahead to notify oncoming traffic of walkers
2. Cross-bearer
3. Petition bearers
4. Pilgrims
5. **Middle safety detail** referred to as the **"Monkey"**: walks in the middle of walkers helping to keep the pace consistent
6. More pilgrims
7. **Rear safety detail** referred to as the **"Turtle"**: is the last walker ensuring no one falls behind the group

Pilgrim Responsibilities:

- ✓ Pay attention to and heed the instructions of the safety detail volunteers
- ✓ LISTEN for WHISTLE SIGNALS and follow their meaning
- ✓ Exercise patience and remain calm at all times
- ✓ Walk at a pace of 4 – 4.5 km/hr for 20-28 km per day minimizing the gap from the front to end of the line
- ✓ Walk on the left side of the road, facing oncoming traffic. NOT MORE THAN 2 side by side
- ✓ Walk well to the left and in single file: up steep hills, approaching crests of hills, and blind corners
- ✓ Do not walk ahead of the petition bearers
- ✓ Do not walk behind the rear safety detail. Take a ride from the support vehicle if you are tired.
- ✓ Do not cross the road unless accompanied by a safety detail. | NEVER cross ahead of the safety detail
- ✓ ***Follow Road Crossing Procedures for ALL road crossings:***
  - Lead Safety Detail (Rabbit) stops at the intersection
  - Pilgrim column lines up in SINGLE FILE to the left of the lead safety (Rabbit), stretching out along the road edge
  - DO NOT TALK. Wait in SILENCE in preparation to cross the road awaiting the HORN signaling it is safe to cross
  - Pilgrims cross in SILENCE all at once, maintaining the same order on the opposite side of the road
  - Pilgrim column proceeds in order in accordance with the safety detail instructions
  - LEAVE DROPPED ITEMS on the road. DO NOT GO BACK across the road unless accompanied by a safety detail.
- ✓ Notify safety detail if you need a support vehicle. REMAIN on same side as the walkers; the car will come to you and the turtle
- ✓ As the day progresses you may become tired and lose your attention to the road. It is at these time it is even more important to follow the safety detail instructions and remember a Pilgrim's Responsibilities in keeping everyone safe.
- ✓ **Pilgrims under the age of 18** must provide proof of parental consent and be accompanied by a parent or guardian

Whistle Signals:

ONE WHISTLE BLAST: car coming, move left to the edge of the travelled portion of the road, continue walking.

TWO WHISTLE BLASTS: cars coming from each direction move off the road and form a single line.

THREE WHISTLE BLASTS: All pilgrims move off the road, form a single line and ***come to a stop.***

Your signature indicates that you (and accompanying minor) agree to adhere to the rules and regulations listed above	
Participant Signature	Date(m/d/y) ___/__/____

Please acquaint yourself in advance with **https://www.getprepared.gc.ca/**