

## General Information on Retreats at Loyola House

**Loyola House** is located at the Ignatius Jesuit Centre. Once here, drive to the end of the driveway - do not stop at the first large building called Orchard Park Office Centre; follow the blue signs to 'Loyola House' and enter up the sidewalk through the single wooden main door. There is free parking at Loyola House, close to the main entrance.

Arriving by bus or train to downtown Guelph? Canadian Cab: 519-824-3110 or Red Top Taxi: 519-821-1700 to the main door of Loyola House. Arriving by plane: pre-book Red Car Service: Toll free 1-855-218-4888 [www.redcarservice.com](http://www.redcarservice.com)

**Access to Loyola House:** the room list and the door code are on the bulletin board in the main lobby. Please check off your name upon arrival. A spiritual director will be there to greet you.

**Arrival and Departure:** most retreats begin at 7:30pm (refer to website for times); we ask that those coming on retreat arrive between 5-7pm to settle in. Departure is generally after lunch on the final day of each retreat.

**Meals:** 8am, 12:30pm, 5:30pm daily. The Kitchen accommodates celiac, lactose intolerance, other allergies and vegetarians/vegans. Food preferences cannot be accommodated; our food is some of the best you'll have while on retreat! Beverages, cookies & fruit are available outside of meal times in the dining room.

***Please note:** meals are not available on the opening evening of retreats.*

**Laundry Facilities:** Laundry facilities are available at no charge. Soap is available to use.

**Communication:** Electronic devices use is generally not permitted in the common areas of the retreat house. If you are part of a training program, please bring your laptop. There is internet in the bedroom wing.

**Clothing** Leisurely and comfortable clothes are recommended. In WINTER, Guelph has quite cold temperatures and usually a fair amount of snow. Appropriate clothing and footwear is needed. In SPRING and FALL, Guelph experiences varied temperatures. You are advised to bring some warmer as well as light apparel. SUMMER is generally quite warm. Walking shoes, sun screen lotion, insect repellent is recommended.

***We are a bottled water free environment – bringing a refillable water bottle is recommended***

**Private ensuite** include a 3-piece bathroom with a shower; a single bed, a countertop with a chair and a comfy lounge chair. Bed & bath linens and hand soap are provided. During your stay housekeeping will not enter your room. Cleaning supplies for the ensuite are provided in each ensuite.

**Private standard rooms** include a single bed, a countertop with a sink and a chair, and a comfy lounge chair. Bed & bath linens and hand soap are provided. Standard rooms share washrooms, conveniently located on both the first and second floors, in close proximity to the bedrooms. Please bring your own personal toiletries, housecoat and slippers. Shared washrooms are cleaned daily by housekeeping.

**Supplies:** Please bring personal toiletries and indoor shoes. Hair dryers or alarm clocks are not provided. Self-serve laundry facilities are located in the lower floor. Please do not bring scented products with you. If you are a light sleeper ear plugs are recommended.

**Cancellation Policy:** Cancellations of greater than 30 days will be eligible for a refund. An administration fee will apply. Cancellations of less than 30 days are not eligible for a refund.